

St. Ignatius of Antioch

June 10, 2018 – Tenth Sunday in Ordinary Time

Address: 3351 Contra Loma Boulevard, Antioch CA 94509-5468

Parish Office: (925) 778-0768 ● Fax: (925) 778-0845 ● Faith Formation: (925) 778-1631 ● Rectory: (925) 470-3253

E-mail: st.ignatius@sbcglobal.net ● Website: www.stignatiusofantioch.org

● facebook: www.facebook.com/stignatiusofantiochchurch



Mission Statement:

United in Faith, Ignited by the Spirit, We Reflect the Light of the Living Christ

Fr. Robert K. Rien
Pastor

Fr. George Griener, S.J.
Assisting Clergy

Fr. Richard Mangini
Assisting Clergy

Deacon Gary Hack
Permanent Deacon

Don Pearson
Director of Music, Organist,
Artist in Residence

Frances Rojek
Pastoral Associate,
Formation & Administration

Peter Degl'Innocenti
Pastoral Associate, Pastoral Care

Carolyn Krantz, M.Div.
Pastoral Associate, Social Justice

Maryann Peddicord
Pastoral Secretary

Estrella Rusk
Financial Secretary

Rich Confetti
Facilities Manager

Eucharist Schedule

Saturday Vigil: 4 pm
Sunday: 8 am & 10 am
Mon., Wed., Fri.: 8 am Holy Eucharist
Tue., Thur.: 8 am Liturgy of the Word
and Holy Communion
Holy Days: 8 am & 7:30 pm
Reconciliation: Saturday, 2:45 to 3:30 pm

Faith Formation Office: (925) 778-1631

Sacraments: Contact Parish Office: (925) 778-0768

Office Hours: Monday-Friday, 8:30 am to 12:30 pm

For Ministries, Activities & Outreaches in Parish: see
Parish handbook, available in the Office.



**June 10, 2018
Tenth Sunday
in
Ordinary Time**

Out of the depths I cry to you, O LORD; LORD, hear my voice!

—Psalm 130:1

Stewardship

Thank you for the gift of your Time, your Talent and your Treasure to St. Ignatius of Antioch Parish.

“For where your treasure is, there your heart will also be.” —Matthew 6:21

Stewardship of Treasure

Our goal for weekly plate collections is: \$12,500.00

Weekend Offering for May 20-21

Weekend Offering.....\$7,920.00

Looking Ahead

Due to family illness, Grains of Wheat Women’s Prayer Group is cancelled until further notice.

June 9 & 10: Knights of Columbus Tri-Tip Sales after all liturgies this weekend in the Gathering Plaza.

June 13: 40th Anniversary Meeting at 5:30 pm in the Parish Hall.

June 23 & 24: Relay for Life of the Delta - donations of water and canned goods being accepted after liturgies or during the week in the narthex. See page 4 for more information.

Ongoing:

Tuesdays: 7:30 p.m. - Hula Class in the Parish Hall.
*Contact Samantha Peralto at 726-7117 for information or questions.

Thursdays: Growing in Faith Together (G I F T) sessions - 9:00 to 10:30 am. - Parish Hall. Call the Faith Formation office for more details (778-1631).

Saturday Liturgy will remain at 4:00 pm.

Schedule of Events

Sunday, June 10

- 8 am & 10 am Liturgies
- Knights of Columbus Tri-Tip Sales - after both liturgies in the Gathering Plaza

Monday, June 11

- Rosary - 7:25 am - Church
- Eucharist - 8 am
- RCIA Meeting - 7 to 8:30 pm - Office
- No SPRED

Tuesday, June 12

- Rosary - 7:25 am - Church
- Liturgy of the Word & Holy Communion - 8 am
- Hula Class - 7:30 to 9 pm - Parish Hall

Wednesday, June 13

- Rosary - 7:25 am - Church
- Eucharist - 8 am - Novena following
- 40th Anniversary Meeting - 5:30 to 6:30 pm - Parish Hall

Thursday, June 14 - Flag Day

- Rosary - 7:25 am - Church
- Liturgy of the Word & Holy Communion - 8 am
- Growing in Faith Together (GIFT) sessions - 8:45 to 10:30 am - Parish Hall
- Choir Rehearsal - 7:30 pm to 9 pm – Church

Friday, June 15

- Rosary - 7:25 am - Church
- Eucharist- 8 am

Saturday, June 16

- 4 pm Liturgy

Sunday, June 17 - Fathers Day

- 8 am & 10 am Liturgies

Pray for the Sick

Remember in your prayers all those who are sick or suffering in any way, especially:

Rocco Battaglia	Nimfa Carnes	Kim Tank
Rosita Bonayon	Dorothy	Peter Villalpando
Tom Bresciani	Linda Morrison	Theresa Weathers
Gavin Cano	Jose Guillermino Ramos	Guy Worth

Members of our Parish Family who are in the Military, hospitals, nursing homes, shut-ins and all those who have no one to pray for them.

Readings for the Week

Monday	Acts 11:21b-26; 13:1-3; Ps 98:1-6; Mt 5:1-12
Tuesday	1 Kgs 17:7-16; Ps 4:2-5, 7b-8; Mt 5:13-16
Wednesday	1 Kgs 18:20-39; Ps 16:1b-2ab, 4, 5ab, 8, 11; Mt 5:17-19
Thursday	1 Kgs 18:41-46; Ps 65:10-13; Mt 5:20-26
Friday	1 Kgs 19:9a, 11-16; Ps 27:7-9abc, 13-14; Mt 5:27-32
Saturday	1 Kgs 19:19-21; Ps 16:1b-2a, 5, 7-10; Mt 5:33-37
Sunday	Ez 17:22-24; Ps 92:2-3, 13-16; 2 Cor 5:6-10; Mk 4:26-34

Lay Ministers—Week of June 16th & 17th

4 pm: Lectors – Therese Kain, Vince Augusta; **Head Cup** – David Simpson; **Head Host** – Pam Confetti; **Host** – Bernice Campbell, Nancy DiMaggio; **Cup** – Rhoda Herrera, Christoph Holl, Sharon Simpson; **Servers** - Edward Salas-Garcia, David Simpson

8 am: Lectors – Carlos Vasquez, Pat Kramer; **Head Cup** - Crispina Malonosan; **Head Host** - Jeannine Ford; **Host** – Natalia Joyce, MaryJo Keister, Tim Cox, Diane Hack; **Cup** - Edith Quiambao, Romeo Quiambao, Frank Kauer, Monika Kauer, Jenawati Kwa; **Servers** - Daniel Galvan, Vincent Martinez, Jean Paul Fortez

10 am: Lectors – Robert Solano, Alicia Solano; **Head Cup** – Amante Asuncion; **Head Host** – Lesley Eubanks; **Host** – Helga Boardman, Ed Cissell, Noel Fortez, Sharon Cissell; **Cup** – Sheila Fortez, Cynthia Enrique, Gloria Asuncion, Mark Costanza, Estrella Rusk; **Servers** – Noah Mirano, Dezire Jackson

4:00 pm - Fr. Richard Presiding and Preaching
8:00 am & 10:00 am- Fr. Robert Presiding and Fr. Richard Preaching

Mass Intentions for the Week

Sat. 4:00 pm	Maria do Céu & Walter Phillips †
Sun. 8:00 am	Alfredo & Elena Avelar †
Sun. 10:00 am	John & Conceicao Silva †
Mon. 8:00 am	Our Parish Family
Tues. 8:00 am	All Military Men & Women
Wed. 8:00 am	All First Responders
Thur. 8:00 am	Vivian Young †
Fri. 8:00 am	All Priests & Deacons

Rest in Peace

Please pray for the souls of **Theresa Pariente, Norma Grismer and Carmen Bajet**. May their souls and the souls of all the faithful departed through the mercy of God rest in peace. Amen.

St. Vincent de Paul

The Society of St. Vincent de Paul is requesting the following food items:

- Canned Corn - 15 oz.**
- Canned Green Beans - 15 oz.**
- Mac & Cheese - 7 oz. box**

Please bring your donations to weekend liturgies or place them in the donation barrel in the Narthex.

Society of St. Vincent de Paul

If you can help or need help call (925)757-0941
Food Pantry - Tues., Wed., Thurs. 9-10 am - Parish Center *

Food Bank Fresh Food Truck - 1st & 3rd Friday of the month 1-2 pm Church Parking lot *Most Holy Rosary.

If you can just once a month visit a needy family with us to offer them help call (925)757-0941

For every type of help from the country call 211 or go to: www.211database.org

Catholic Charities of the East Bay

Thank you for your support of Catholic Charities of the East Bay's Annual May Appeal. Our partnership with YOU enables Catholic Charities to work with youth, children, and families to promote self-sufficiency, strengthen families, and pursue safety and justice in our community. Through God's grace and your support, "All things are possible!"

If you were unable to give and would like to do so, please visit www.cceb.org/get-involved/donate

Marriage Preparation Programs

"A Program to Prepare Couples for the Sacrament of Marriage." The last Marriage Preparation Registration for the Summer Sessions is as follows:

Saturday, July 7th - 8:45 a.m. to 5:15 p.m.

Location: St. Vincent's Marinwood -

1 Saint Vincents Drive San Rafael, CA.

The cost is \$325.00 per couple. For more information call (415) 699-8348.

Relay for Life of the Delta

Fellow parishioners, our Relay for Life of the Delta is soon approaching and our St. Ignatius of Antioch team would like to invite you to join us on June 23 and 24 for a walk around the Los Medanos College track "In memory of" or "In honor of" a loved one that was or is presently touched by cancer. It is a 24 hour event that starts at 10 a.m. Saturday and ends at 10 a.m. Sunday. Come and join us anytime during those hours!

If you can't join us, would you help support our efforts by donating cases of water and/or canned goods? We use the canned goods to hold down luminaria bags (the bags are lit in the evening and are decorated with the names of loved ones who have been touched by cancer). The water is important for all of our walkers to maintain hydration during the walk. Also, we would love to have monetary donations made in team members names, just go to:

www.relayforlife.org/thedeltaca. Look for St. Ignatius of Antioch and scroll our team members names, and make your donation in memory or honor of a loved one. God Bless and hope to see you on Relay Day. Any questions please come see Maryann Peddicord or Alicia Perez.

40th Anniversary Committee Forming

A committee has been formed to help plan our BIG anniversary celebration for next year which will be our 40th Anniversary. If you would like to help with planning the Anniversary activities, you are more than welcome to join this committee. We are asking for members of each Church Ministry to join in the planning of the Anniversaries. The next committee meeting is June 13th at 5:30 pm in the Parish Hall.

Hospice Volunteers Needed

Patients who are nearing end of life have a variety of needs that can be filled by volunteers. Some patients have little or no support and are in need of companionship. Volunteer visits can include reading, journaling, helping and hobbies and relieving family members and friends.

Have you considered becoming a hospice volunteer?

Volunteers must be at least 18 and have not suffered a close personal loss in the last 12 months. The commitment is usually 1 - 2 hours per week. Thorough training will be provided to help volunteers feel comfortable with their assignments. There are patients in our area who are awaiting volunteer assistance. If you want to volunteer or get more information, contact Laurie Herbert at Kindred Hospice at 925-737-0203 or Laurie.Herbert @Gentiva.com.

At Home Communion Services

If you or someone you know would like to receive Communion at home, we have a number of parishioners who would like to bring Communion to either you or to those you know. If you - or they - might be interested in receiving the body of Christ, please call the office at 778-0768 or Deacon Gary at (925) 757-1385.

St. Peter Martyr School Fall Enrollment

St. Peter Martyr School is accepting applications for 3yr-old Preschool, 4yr.- old PreKindergarten, Kindergarten and grades 1- 8. In addition to our strong academic program, students receive spiritual knowledge of our Catholic faith, morals and values. Extended Care and extra curricular programs are also available. Applications are available at the school and on our website - www.stpetermartyrschool.org. St. Peter Martyr School is located at 425 West Fourth St. in Pittsburg. We are fully accredited and invite you to become part of our Catholic school family. For further information about our affordable rates call the school at 925-439-1014 or visit our website.

Worldwide Marriage Encounter

In the second reading it says: "Everything indeed is for you, so that the grace bestowed in abundance on more and more people may cause the thanksgiving to overflow for the glory of God." Learn what graces God bestows on marriage by participating in a Worldwide Marriage Encounter weekend held at **San Damiano Retreat Center**, Danville.

The next Worldwide Marriage Encounter Weekend is September 7-9th. Space is limited Early registration 4 to 6 weeks ahead is highly recommended. Contact Greg & Mary @ 925-754-1284 or Joe & Sue @ 925-680-7767 now or go to oaklandwwme.org.

Justice Corner

By Carolyn Krantz...Pastoral Associate

Today's Gospel has several parts. First, there were so many people, that Jesus and the disciples could not eat. How many of us have to delay meals because of unexpected visitors? Then we learn that in this crowd there are scribes who want to accuse Jesus of being in league with the devil. How many of us have relatives and friends who accuse us of wrong doing when our intentions were only for the good? Also, we have Jesus' own relatives who think, "He is out of his mind," and try to seize Him and get Him away from there. But, Jesus is listening only to the Voice of His Father and confirms a God who wants us to live in unity with one another. "Who are my mother, sisters and my brothers?" Those who are in his circle of love, listening to the Word of the Spirit that abides within—these are His mother, sisters and brothers.

St. Catherine of Siena (1347-1380) asks us to always live in the cell of our soul. That means finding time for a private place to sort through the voices that would distract us from the Voice of the Spirit. This is hard to do in today's busy world, but it is the only way to discern the Voice of God amid other voices that blame, confuse or distract us. Some of those voices are within ourselves telling us we are bad or unworthy, or crazy, or selfish. These blaming voices are usually not the Voice of God. If one holds these voices in the quiet before the Divine, God usually sorts them out for us and makes clear which directions are His.

Before voting day, many voices clamored for attention. I am always discouraged by candidates that blame one another for the situations that we find ourselves in. No matter which side of the political fence one finds him/herself, the measure of a candidate is based on deeds that correspond to the commands of the Gospel. Although none of us are perfect, our intentions matter. Which candidates are trying to care for the poor and disenfranchised? Which are "getting down" with the ordinary person? Which are being like the scribes accusing one another of being in league with the devil? Through many elections, I still have hope that those in office will strive to make our area a better place and show care and concern for the poor, the sick and the mentally ill.

Our world has many issues and problems. Sometimes they overwhelm us. No elected official can tackle it all, and they cannot tackle any of it without our help and support. When I look at our parish, I see many who have picked one area of concern and are volunteering their time, talent and treasure to improve our world. They are an inspiration. They let me know that the Voice of the Spirit is at work in our area and in the world. They make a circle of love in what they do. They do not shrink from their responsibility to show God's mercy and love to those in distress.

We have to say with the Psalmist in Psalm 130, "I trust in the Lord, my soul, trusts in his word. More that sentinels wait for the dawn, let Israel wait for the Lord." Dr. Gregory Bottaro (1) speaks of God's Voice saying, "The miracles I perform are in proportion to your full surrender to Me and to your not thinking of yourself....I sow treasures of graces when you are in your deepest poverty." It is hard to stand in that place of deepest poverty, in the poverty of our mixed up world where we truly know that we cannot "fix" things. But that is what we are asked to do, to go into our "cell" and hold our inability to change things before the Divine and let Him take care of it. That is what Jesus did on the cross. When it appeared that His mission was a failure He said, "Into your hands I commend my spirit." And we must commend our world and our efforts to a God who is always there for us. His is the only Voice that counts.

(1) Dr. Gregory Bottaro, *The Mindful Catholic*, (North Palm Beach, Florida: Beacon Publishing, 2018), p. 190.

Parish Perspective

By Peter Degl'Innocenti...Pastoral Associate

FORMED

Were you there for Bingo in the parish hall on Memorial Day? No? Well, you can take a deep breath and shout-out "Bingo" for yourself because the net proceeds from the event are going to pay for the new FORMED program. Introduced to the diocese recently, FORMED is a partnership of the Augustine Institute and the Ignatius Press designed to bring to you as an individual and us, as a parish, resource materials on just about any subject or question you may have about the Catholic Church and our faith.

There are video-based study programs you can watch at your leisure. Some of the titles are *Beloved, Reborn, Journey Through Scripture, Divine Mercy, Forgiven, and Who Am I To Judge?* In addition, there are over 101 audio resources from the *Lighthouse Talks* series. Movies? We now have access to over 99 full-length feature films at our fingertips! That ought to keep you buying popcorn for a while. If an eBook is more your "bag" select any of over 98 that might be to your liking. Again, all this is now available to you free of charge.

We have our wonderful Pastoral Associate for Faith Formation, Frances Rojek, to thank for this by her hard work in investigating the scope, content, and background of the FORMED program. Also, we mustn't forget the hard work of all who volunteered to present the Bingo games that raised the money needed. Additionally, we must thank all who came out to enjoy a holiday afternoon of lunch, Bingo, raffle prizes, and door prizes.

The parish hall was filled with bingo players on that warm Monday afternoon. I'll bet none of them knew how their contribution would buy them not only a fun time, but a way of sharing our faith with each other in a brand-new way. The far-reaching results of what our fellow parishioners will learn can only be imagined. It is truly like a tiny seed planted that will grow into a tree of many branches capable of holding life in its arms. This is why participating in the seemingly least of the events of our parish can, in fact, bring about big changes. Good changes occur within ourselves as we participate and volunteer as a faith community, reaching out and touching anyone and everyone who will use this wide-open and bountiful resource.

Winning at Bingo isn't everything, but with FORMED ready to teach, inform, and entertain us, we all become winners of the first degree.

When Someone Deeply Listens to You

When someone deeply listens to you
it is like holding out a dented cup
you've had since childhood
and watching it fill up with
cold, fresh water.

When it balances on top of the brim
you are understood.
When it overflows and touches your skin,
you are loved.

When someone deeply listens to you
the room where you stay
starts a new life
and the place where you wrote
your first poem
begins to glow in your mind's eye.
It is as if gold has been discovered!

When someone deeply listens to you
your bare feet are on the earth
and a beloved land that seemed distant
is now at home within you.
-John Fox

As you read the quote, what themes, words, feelings, images touched you?

What areas would you personally like to explore further?

Have you had experiences where you felt deeply listened to?

How did you feel?

How might these kinds of practices help us build better bonds of relationships with others?

How might these practices nurture a sense of community, better understanding of ourselves and others?

How might they help us reconcile conflicts and differences?

A Morning Meditation
By Randy Thomas

The first conversation we engage in everyday is the inner voice going on in our own minds. Often what we hear are ruminating words that are critical and self-judging. How can we be more mindful of these patterns and habits and find ways to change the channel of our inner dialogue to be more positive, gentle, and accepting? Our inner conversations are often the background "noise" and filter when we are trying to listen to others.



We will be offering Reflections for Cultivating a Spiritual Practice using the book, "The Sacred Art of Listening" by Kay Lindahl. These programs will take place from 12:30 to 1:10 pm at the Antioch Center on the following dates:

- June 27
- July 11, 25
- August 8, 22
- September 5, 19

The programs will be facilitated by our Advisory Board member, Randy Thomas with help from Susan Batterton. We have purchased 2 copies of the book, "The Sacred Art of Listening", and made them available from you to read at the Antioch Center. Handouts for each session will also be available along with additional supplemental sources.

For those unable to attend the programs, we will send out summaries of each program for you home study.

Practicing the Art of Sacred Listening

Reflection 1: Qualities of Deep Listening – Listening for Essence

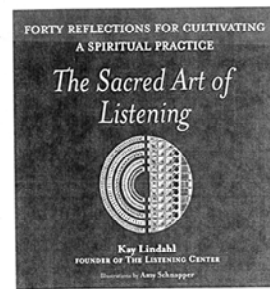
"Perhaps the most precious and powerful gift we can give another person is to really listen to them, to listen with quiet, fascinated attention, with our whole being fully present.

Listening is a creative force. Something quite wonderful occurs when we are listened to fully. We expand, ideas come to life and grow, we remember who we are.

The way we listen can actually allow the other person to bring forth what is true and alive to them. Sometimes we have to do a lot of listening before the fountain is replenished. Have you ever noticed some people seem to need to talk? This is often because they have not been fully listened to. Patience is required to listen to such a person long enough for them to get to their center point of tranquility and peace.

Listening well takes time, skill and a readiness to slow down, to let go of expectations, judgments, boredom, self-assertiveness, defensiveness."

This is just a small portion of Kay Lindahl's book. For more information read: **The Sacred Art of Listening: Forty Reflections for Cultivating A Spiritual Practice** by Kay Lindahl, published by Skylight Paths Publishing. The book is available for your use at the Antioch Center Library or for purchase at you local book store.



Catholic Charities of the East Bay is the social services arm for the Diocese of Oakland and one of the largest provider of social services throughout Alameda and Contra Costa Counties. We help families in need rise above poverty and live self-sufficient lives. Learn about the programs of Catholic Charities at an upcoming **Transforming Lives Tour**. You will learn about:

- . Legal immigration and refugee resettlement services
- . Homelessness prevention through housing and utilities support
- . An update on "Claire's House", home for trafficked minors
- . School-based behavioral health services programs for youth
- . Grief counseling and family support for victims of crime

You will learn how Catholic Charities moves youth and families from crisis to stability to prosperity. Register at www.cceb.org/get-involved/transforming-lives-tour. For more information, contact Sween Gardner at sgardner@cceb.org or (510)768-3161.



*Congratulations to the
graduating students of 2018!
Good luck to you all and may
you always find happiness in all your
future endeavors!! Now on
to the next chapter of your
life journey...*



Donate Blood in honor of **Matthew Ouimet & Brandon Burnett**



Celebrate life and make a difference by giving blood. Blood is needed for many different kinds of patients. It could be a young child with a rare blood disorder, a family member fighting cancer, or a friend involved in a car accident. Please schedule an appointment to donate at this special blood drive. You'll feel good knowing you've helped change the lives of patients in need.

Team Matthew Blood Drive **St. Ignatius of Antioch Catholic Church**

Located in the Parrish Hall
3351 Contra Loma Blvd., Antioch

Friday, June 22, 2018
11:00 AM to 5:00 PM

For an appointment, please visit redcrossblood.org and enter the sponsor code: MatthewOuimet or call 1-800-RED CROSS (1-800-733-2767).

By using RapidPass, you can reduce the time you spend at the blood drive by up to 15 minutes. Learn more by visiting redcrossblood.org/RapidPass.

If you have any questions regarding your eligibility to donate blood, please call 1-866-236-3276.



American Red Cross

redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767

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